

IMMEDIATE RELEASE

## Virginia Author Celebrates National Underwear Day

Fairfax Station, VA, August 5, 2015 – August, in all its resplendent hot and humid stickiness, seems an appropriate month to celebrate undergarments of all shapes and sizes. Who among us is not tempted this month to strip down to the bare essentials for a little heat relief? In honor of today’s celebration of the thong, the tighty whitie, and the boxer, Virginia author Kimberly “Kimba” Dalferes is releasing her second book, *Magic Fishing Panties: More Tales From a Crazy Southern Irish Gal*.

“Today, I salute all my gal pals in recognition of National Underwear Day,” said the author. “May this day bring you the magic of a well-fitting bra and a skirt with no panty lines.”

*Magic Fishing Panties* is Dalferes’ second book. Her first humorous story collection, *I Was In Love With a Short Man Once*, was first released in 2011, with a second edition published this past June. Described as “Erma Bombeck with a shot of tequila,” the author’s latest collection of humorous tales offers new perspective from the self-proclaimed crazy Southern Irish gal and recent inductee into “Club 50.” Rather than wallow in the self-pity often induced by sagging jaw lines, empty nests, and menopause, Dalferes offers colorful depictions of life in the middle. You will find yourself contemplating:

- How would you react to being in public during an earthquake? Oh, and you’re naked.
- The wedding starts in five minutes and your best friend needs to pump her breast milk, but all the bathrooms are occupied. Where should she go to quickly resolve her situation?
- You are depressed and alone on your 39<sup>th</sup> birthday. What do you do? Hint: tattoo anyone?

These stories and more are recollected in the pages of *Magic Fishing Panties*, published by Booktrope Publishing. Dalferes also offers her life observations through her popular blog *The Middle-Aged Cheap Seats* (<http://kimdalferes.com/blog>). Look for her new book via Amazon ([http://www.amazon.com/Magic-Fishing-Panties-Tales-Southern-ebook/dp/B010EMZYOA/ref=asap\\_bc?ie=UTF8](http://www.amazon.com/Magic-Fishing-Panties-Tales-Southern-ebook/dp/B010EMZYOA/ref=asap_bc?ie=UTF8)) and other book retailers as well as through her website <http://kimdalferes.com/>

There are currently over 100 million adults in the United States over the age of 50. Dalferes, who joined Club 50 in 2013, reminds us that this smart, funny, and perhaps a bit crazy generation has lived well and continues to have much to offer.



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